CURRENT CONCEPTS IN THE TREATMENT OF

Rotator Cuff Tears

Saturday, November 18, 2017

NYU Langone Health

550 First Ävenue Alumni Hall New York, NY 10016

med.nyu.edu/cme/rotatorcuff





Rotator Cuff Tears

COURSE DIRECTORS

Andrew S. Rokito, MD

Associate Professor of Orthopaedic Surgery Director, Shoulder and Elbow Fellowship Program Chief, Division of Shoulder and Elbow Surgery NYU School of Medicine

Mandeep S. Virk, MD

Assistant Professor of Orthopaedic Surgery NYU School of Medicine

CONTENT PLANNERS

Francoise G. Cherry, OTR/L, CHT Holly A. Cohen, OTR/L, ATP, SCEM, CDRS Mia R. Palazzo, PT, DPT, OCS

GUEST SPEAKER

Andrew Green, MD

Associate Professor of Orthopaedics Director, Shoulder and Elbow Fellowship The Warren Alpert Medical School of Brown University

COURSE DESCRIPTION

The treatment of rotator cuff tears has evolved dramatically over the past several years. Rotator cuff repair techniques have improved significantly in past several years with gradual transition to more arthroscopic repairs. This half-day program will focus on the most up-to-date information on the treatment of rotator cuffs from the basic science, clinical assessment, and surgical options, to post-op rehabilitation and outcomes.

TARGET AUDIENCE

Attending orthopaedic surgeons, fellows, residents, primary care physicians, physical and occupational therapists

EDUCATIONAL OBJECTIVES

After participating in this activity, clinicians should be able to:

- Describe surgical options for rotator cuff tears with emphasis on arthroscopic techniques and reverse shoulder arthroplasty
- Evaluate current techniques discussed within the literature and develop strategies to apply them to practice
- Select patients who will have predictable, positive outcomes from rotator cuff surgery based on imaging studies and other diagnostic tools
- Create strategies to address patient concerns and provide appropriate surgical expectations following surgery

- Identify three benefits of early referral to therapy when providing post-operative care to patients with rotator cuff repair
- Identify how to properly evaluate patients with rotator cuff pathology and will be able to compare current evidence in relation to conservative treatment of rotator cuff pathology

CME ACCREDITATION STATEMENT

The NYU Post-Graduate Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The NYU Post-Graduate Medical School designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICAL THERAPY CREDIT

NYU Hospitals Center is a New York State Education Department approved provider for physical therapy and physical therapy assistant continuing education. This course is approved for a maximum of 4.75 physical therapy/physical therapy assistant contact hours (0.475 CEUs). The following states require continuing education units with no state-specific approval: CT, IA, ID, MO, ND and WA.

OCCUPATIONAL THERAPY STATEMENT

This course is approved for a maximum of 4.5 occupational therapy contact hours (0.45 CEUs). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Level: Intermediate

This course meets the AOTA classification code of Domain of OT: Occupations and Occupational Therapy Process: Intervention

COURSE FEES

Full: \$300

Reduced*: \$150

* Reduced fee applies to NYU School of Medicine alumni, former residents and fellows; physician-in-training; physicians employed by the Department of Veterans Affairs Medical Center; fulltime active military personnel; retired physicians; and all other non-physician healthcare professionals.

AGENDA November 18, 2017

7:00 am	Registration & Continental Breakfast	9:30	Coffee Break
7:25	Introduction	9:45 PASTA Lesion Michael Alaia MD	
7:30	Andrew Rokito, MD Update on Rotator Cuff Imaging	10:00	Evidence-Based Rehabilitation Following Rotator Cuff Repair Jennifer Vasquez, MS, OTL, CHT
7:45	Soterios Gyftopoulos, MD Natural History of Rotator Cuff Tears Mandeep Virk MD	10:15	Massive Rotator Cuff Tear: Treatment Options including Superior Capsular Reconstruction
8:00	Evidence-Based Rehabilitation for Non-Operative Rotator Cuff Pathology Juli Deng, PT, DPT, OCS	10:30	Robert Meislin, MD Biologics in Rotator Cuff Tears Kirk Campbell, MD
8:15	Does Non-Operative Treatment Work for Rotator Cuff Tears? Andrew Green. MD	10:45	Reverse Shoulder Arthroplasty for Rotator Cuff Tears Young Kwon, MD
8:45	Pearls & Pitfalls: Surgical Management of Rotator Cuff Tears Andrew Rokito, MD	11:00	Outcomes of Rotator Cuff Repair — What Matters? Andrew Green, MD
		11:30	Case Presentations Andrew Rokito, MD
9:00	Point/Counterpoint: Single vs. Double Row Rotator Cuff Repair Laith Jazrawi, MD & Eric Strauss, MD	12:30	Concluding Remarks and Adjourn Andrew Rokito, MD
9:20	Biceps Tendon: Take it or Leave it? Guillem Gonzalez-Lomas MD		, widiow Notato, MD

REGISTRATION

med.nyu.edu/cme/rotatorcuff

After 12 pm on November 15, 2017, only onsite registration is available, provided the course has not reached capacity. Onsite registrants will incur an additional \$20 charge and will receive a receipt by email in 1–2 weeks. We cannot accept telephone or email registration. Registration is non-transferable.

PROVIDED BY

NYU Post-Graduate Medical School

ELECTRONIC SYLLABUS

Course syllabus will only be distributed electronically. A link will be sent the week of the course where you can view, download or print course information and presentations in advance. This link will also allow you to view the course syllabus on your smartphone, tablet or laptop during the course. Course presentations remain available for one year after the course.

REFUND POLICY

In order to request a refund, you must email cme@nyumc.org no later than 14 days prior to the first day of the course. An administrative fee of \$75 will be deducted from your refund. Cancellations or no-shows after this date are not eligible for a refund.

COURSE CANCELLATION POLICY

If a course is cancelled due to inclement weather, insufficient enrollment, or any other reason, NYU PGMS will refund registration fees in full. NYU PGMS will provide at least two weeks' advance notice if cancelling due to insufficient enrollment and as soon as possible in all other circumstances. NYU PGMS is not responsible for any airfare, hotel, or other non-cancellable costs incurred by the registrant.

CONTACT INFORMATION

NYU Post-Graduate Medical School Phone: 212.263.5295 Fax: 212.263.5293 Email: cme@nyumc.org Non-Profit Org.

New York, NY U.S. Postage Permit #8167

Cuff Tears Rotator CURRENT CONCEPTS IN THE TREATMENT OF

November 18, 2017

New York, NY

med.nyu.edu/cme/rotatorcuff





NYU Post-Graduate Medical School 550 First Avenue, MS1195 New York, NY 10016